

## Executive Coaching

Written by Sarah Cook

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## Executive Coaching

At The Stairway Consultancy we have experience of providing Executive Coaching to a wide range of individuals in the public, private and third sector.

Executive coaching is a personal opportunity for individuals to discuss their development issues on a one-to-one basis together with an experienced, professional coach.

Conducted in confidence at a time and place to suit the recipient, executive coaching sessions follow the individual's agenda.



Normally focused around issues of leadership and often linked to 360 degree and psychometric feedback, executive coaching takes place over an agreed period. During this time we help the manager set their own development goals and provide impartial advice and feedback in achieving them.

The executive coaching we provide is often linked to the Leadership Development Programmes that we run. Here is an example of how Stairway has successfully helped [Covea Insurance](#) manage change via leadership coaching.

All our coaches hold Certificates and Diplomas in Coaching Practice. We also run bespoke coaching workshops to increase the competence and confidence of managers in coaching other people at work. Please see [Coaching to Improve Performance](#) .

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For further information [email us](#) or call on **01628 526535**.

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