

The aim of this course is to introduce you to the powerful techniques of Neuro Linguistic Programming (NLP) which will dramatically improve your ability to create a positive impact in a business setting.

Who should attend?

Any manager, HR / learning and development professional or member of staff who would like to who would like an introduction to NLP and an opportunity to utilise these powerful techniques to enhance their business impact.

Benefits:

By the end of this workshop you will be able to:

- Describe what is NLP and its use in the workplace
- Apply NLP techniques to build trust and rapport
- Effectively use NLP techniques to enhance your business impact

Course Overview:-

- What is NLP?
- The key elements of NLP
- How NLP can be applied in the workplace
- Practical activities and exercises to demonstrate different aspects of NLP
- Using NLP techniques to build trust and rapport
- Applying NLP methodology during interventions with others
- Practice sessions using work based examples
- Taking NLP further
- Action planning

Style of the Course:

The course is highly active and participative. During the workshop participants undertake activities, exercises and discussions to help them put what they learn into practice.

Course length:

One day workshop 09.00 to 17.00 with an hour for lunch.

Using NLP for Business Excellence

Written by Administrator

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We can run this course for you in-company at favourable rates for 4 or more people. Please contact us on **01628 526535** or [email us](#)